

Volunteer Behavioral Health Care System

Important Client Information

The following information and phone numbers are important for you and your family to know in case of a crisis or an emergency, and to promote wellness:

Call 911 when someone:

1. Is unconscious.
2. Takes an overdose of any type of drug.
3. Has been seriously injured.
4. Is hurting his/herself.
5. Is hurting someone else.

Call the Crisis Team when someone:

Phone #: **1-800-704-2651**

1. Is threatening to hurt his/herself and has a definite plan of action.
2. Is threatening to hurt someone else and has a definite plan of action.
3. Has called 911, and feels it is necessary to talk with Crisis Services.
4. For persons under the age of 18, call Youth Crisis @

Phone#: **1-866-791-9223**

Call the Provider when someone:

Phone #: _____

1. Loses his/her medicine.
2. Is refusing to take his/her medicine.
3. Is behaving in a way that is unusual and you become concerned about the change in behavior, is psychotic or cannot control their behavior.

Tell your Doctor/Nurse Practitioner/RN, if:

1. You have allergies, of any kind.
2. You are taking any other medication, including over-the-counter medicine(s).
3. You are having any unexpected side effects from your medicine(s).
4. You decide to quit taking your medicine(s).
5. You drink alcoholic beverages or use any other drug, including tobacco products.
6. You are pregnant or want to become pregnant.
7. You are planning to breast feed your child, while taking medicine(s).
8. You operate hazardous machinery.

WHEN IN DOUBT, ALWAYS CALL THE CRISIS TEAM

Crisis staff is available to help you with your concerns.

24 hours per day, 7 days per week, 365 days per year